



## **Free Programs from Piper's Angels Foundation**

Piper's Angels Foundation provides the most socially innovative solutions to the cystic fibrosis community to empower each individual and family to live their greatest life possible. We encourage those who are fighting this battle courageously to reach out to us to connect and apply for our free programs.

<https://www.pipersangels.org/>

**Urgent Financial Assistance:** Cystic fibrosis can be incredibly difficult on many levels. Having financial stress can be overwhelming, especially while enduring the challenging treatments. We understand this need and are working to provide financial support to qualifying families to help carry them through these hard times.

**Forever Stoke Scholarships:** The purpose of our Forever Stoke Scholarships are to provide positive experiences in a natural healing salt environment, while also empowering the person with cystic fibrosis to develop skillsets that can become a lifelong gift.

**Unmasking Mindfulness:** Unmasking Mindfulness is an 8-week meditation program that utilizes live online webinars, educational video content, and in person one-on-one instruction to provide a platform for coping tools in the CF community. Unmasking Mindfulness educates the CF community on how to practice mindfulness and meditation with a proven scientific based method.

**Peer to Peer:** Piper's Angels Foundation's Peer To Peer (P2P) program was established to unite and empower the cystic fibrosis community through dedicated mentorship to inspire authentic living. This includes addressing the evolving physical, financial, and socio-emotional needs of individuals personally impacted by CF to achieve a sustainable desired quality of life.

**Inspire Breathworks Program:** Our complimentary, sustainable, holistic, and educational health solution to balance the body, mind, and emotions while improving overall well being of individuals with CF by increasing lung function  
Stanley Steemer

**Stanley Steemer:** Stanley Steemer of South Florida and the Treasure Coast is offering free air cleaning home services to those with CF in south Florida (Fort Pierce to Miami). The air ducts are the lungs of the home, so indoor air cleaning specialist, Stanley Steemer is providing air duct cleaning services at no charge for families with CF to breathe clean & safe indoor air.